

IDENTIFY AND MAXIMIZE YOUR STRENGTHS

This job aide is designed to help you identify areas you want to develop in order to enhance your career growth. Complete each quadrant

What are my strengths?

- What am I good at?
- For which skills do I receive compliments?
- What do I love doing?

What are my challenges?

- What do I typically ask others for help with?
- What projects drain my energy?
- What do I dread doing?

What skills are necessary for my current/desired job?

- What skills are listed in my position description?
- What are some of my main duties?
- What skills would help me be more competitive for a promotion?

What competencies do I want to develop?

Now that you've identified your strengths, challenges, and skills required for your career, what non-technical competencies do you want to work on developing?

Use the Career Compass Resource Center (CCRC) and Career Compass Catalog (CCC) Tools to find resources and identify some specific opportunities you will take advantage of:

CCRC: https://www.navfac.navy.mil/ccrc

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